

## PARENT/CHILD CELL PHONE AGREEMENT

I, \_\_\_\_\_, understand that having a cell phone is a privilege and I agree to abide by the following expectations set by my parents for the purpose of protecting me and teaching me to communicate responsibly and ethically in a media-centered world.

\_\_\_\_\_ I will place my phone in my parents' room at 9pm every night. I will get it back once I am ready for school the next morning during the school year OR after I finish breakfast during the summer.

\_\_\_\_\_ When asked, I will hand over my cell phone to my parents immediately with a positive attitude. Any complaints or delay will result in the loss of my phone until the next morning.

\_\_\_\_\_ I will give my parents all passwords to any accounts and understand that my parents may read my messages on any app at any time and for any reason.

\_\_\_\_\_ I will not create any social media or other accounts without my parents' permission.

\_\_\_\_\_ My phone will be configured so that my parents will see all texts I send and receive OR they will review my texts every night.

\_\_\_\_\_ I will place my phone in the phone basket during meal times.

\_\_\_\_\_ I will place my phone in the phone basket during homework unless it is critical that I use it and I cannot complete the same tasks on a laptop or iPad.

\_\_\_\_\_ If I am already talking to an adult face to face, I will maintain eye contact with him or her and wait until our conversation ends to look at my phone. I will try to follow this rule with my peers as well.

\_\_\_\_\_ If anyone I don't know calls or sends me messages, I will inform my parents as soon as possible.

\_\_\_\_\_ If a friend texts me anything my parents would find inappropriate, I will openly discuss it with them in a mature and reflective manner.

\_\_\_\_\_ I will always respond immediately to calls or texts from mom or dad, unless it would be improper to do so, such as if I receive a text while I am in class, at practice, or talking to a teacher or coach.

\_\_\_\_\_ CODE WORD: One of the primary reasons I have been given a cell phone is for my safety, and teenagers sometimes find themselves in situations they know they should not be in. If I am ever in a situation where I feel unsafe or uncomfortable and I need an excuse to escape without embarrassment, I can text the word/phrase \_\_\_\_\_ to either mom or dad and one of them will respond with a text that says, "\_\_\_\_\_." They agree to then come get me immediately – NO MATTER WHERE I AM OR WHAT TIME IT IS, AND THEY WILL DO SO WITHOUT QUESTION.

*On this date, we agree to these terms and understand that they may need to be revised from time to time.*

\_\_\_\_\_  
Child signature

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Parent signature